

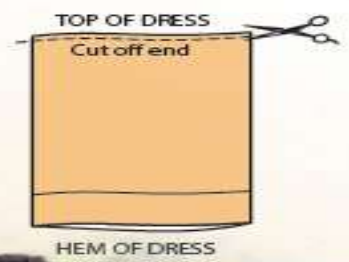
Pillow Case Dress Instructions

"We're not just sending dresses, we're sending hope!"



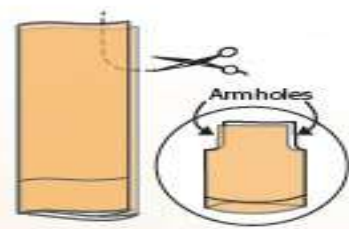
1

Cut off the sewn end of the pillowcase.



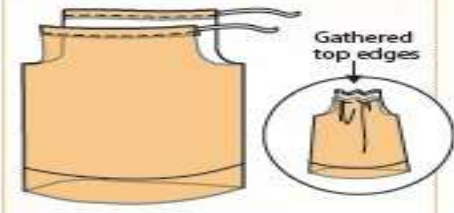
2

Fold pillowcase in half and cut armholes. Cut through all thicknesses, about 4 inches down and 2 inches in.



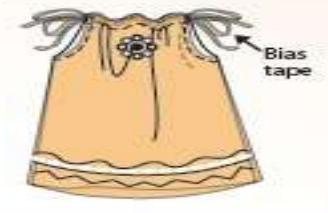
3

Fold down the top about 3/8" at the front and the back. Edgestitch to make a casing. Slide 6 inches of 1/4" elastic through to cause it to gather in the front and repeat for the back.



4

Cut two 38-inch lengths of double-fold bias tape for armholes. Fold each in half and stitch along armholes, leaving extra at the top to tie dress at the shoulders. Trim is optional.



Simple patterns
CHANGING LIVES

Sizing the dresses really helps!

- Small: Infant, ages 2 to 4
 - Medium: ages 5 to 7
 - Large: ages 8 to 10
 - X-Large: age 11 and up
- Shorts for boys any size are needed.

Also, any simple pattern is fine to use. Avoid buttons and zippers except as decoration since the children have no way to repair them.

Illustrations By Martha Thierry/Detroit Free Press



Workshop on Sat Feb 8, 2014 10am-noon at 3955 Old Richmond Road, Ottawa. Contact beade@vif.com for info



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